



Earthquake

Be Prepared

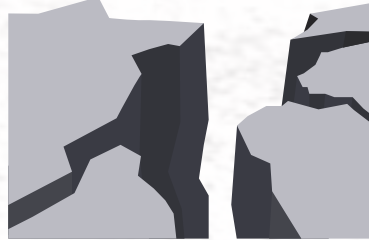


Earthquakes are the **sudden, rapid shaking of the earth**, caused by the **breaking and shifting of underground rock**.

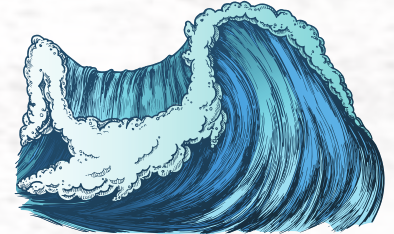
Earthquake Facts



Gives **no warning**



Causes **fires** and **damage roads**

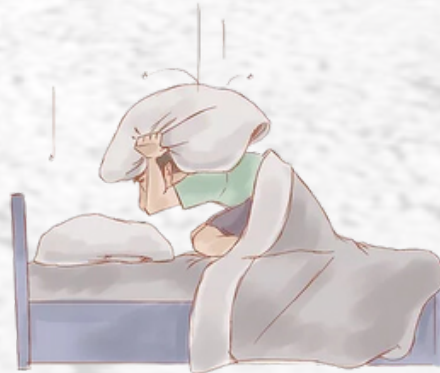


Causes **tsunamis, landslides,** and **avalanches**

If an Earthquake Happens



If in a vehicle, **pull over** and **stop**.



If in **bed**, **stay there**.



If outdoors, **stay outdoors**.



Do not **get in a doorway**.



Find an **open spot**.



Do not **run outside**.



Earthquake Be Prepared

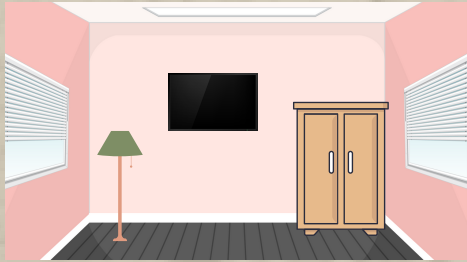


Prepare Now

Survive During

Safe After

Secure items such as televisions and objects that hang on walls.



Drop, Cover and Hold



Expect aftershock



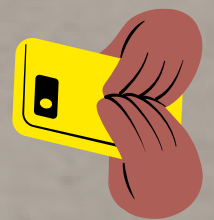
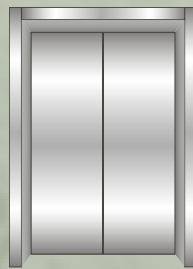
If in a **damaged building**, go outside and do not enter any damaged building.

Cover your head and neck.



If you are trapped, send a text or bang on a pipe or wall.

Avoid using elevators if in a building.



If you are in an area that may experience tsunamis, go inland or to higher ground immediately after the shaking stops.

If near slopes, cliffs, or mountains, be alert for falling rocks and landslides.



Create a **family emergency communication plan**.



Make a **supply kit** that includes **enough food** and water for at least three days, a **flashlight**, a **fire extinguisher**, and a **whistle**.



Consider a **retrofit** of your house if it has **structural issues**.





Earthquake Mitigation & Prevention



BEFORE



Risk Assessment and Preparedness Planning



Building Codes and Infrastructure Standards



Infrastructure Inspection and Maintenance

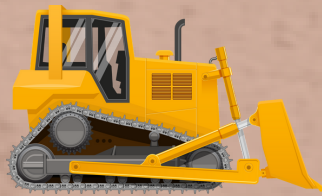


Public Awareness and Education

AFTER



Timely Mobilization of Search & Rescue Teams



Timely Mobilization of Heavy Machinery



Psychological Support



Shelter and Temporary Housing



Centralized Coordination and Communication



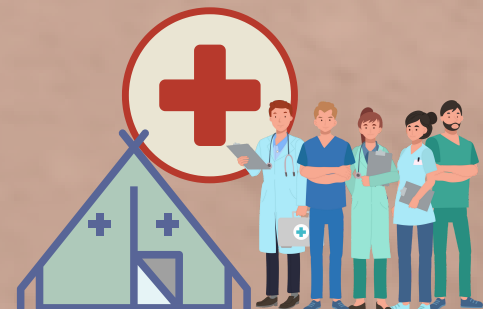
Damage Assessment & Reporting



Community Outreach and Recovery Support



Deployment of personnel to maintain order



Timely Mobilization of Medical Teams & Medical Camps



Earthquake

School Safety Essential Guidelines

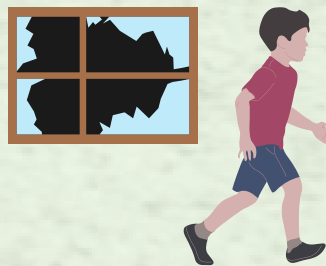
Earthquake Drill



ASSUME "**CRASH**" POSITION on **knees**, **head down**, **hands clasped** on **back of neck** or **head covered** with **book** or **jacket**



Take **cover** under **desk** or **table**



FACE AWAY from **windows**



COUNT ALOUD to **60** -
Earthquakes rarely last longer



Use the **BUDDY SYSTEM**. Classes should **exit in pairs** with **one teacher** in **front** and **one** in the **back**.



Have **teachers, students** and **staff** familiarize themselves **evacuation procedures**



Use **4** Evacuation Rules – **Don't Talk!** **Don't Push!** **Don't Run!** **Don't turn back!**



If an aftershock occurs while exiting, **crouch** rather than **dropping to knees** to **avoid injury** from **debris**.